### DISEMPOWERMENT

# Living with disempowerment:

- People who are disempowered feel like they have little control over their lives.
- They aren't able to make choices about the things that matter to them.
- They may feel that the rules are unfair, but they don't have the power to change the rules and are afraid to speak out because they may be treated even more unfairly.

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### **Human Rights:**

- Human rights are the rights of every person to be empowered in the ways we have learned about in this chapter - economically, politically, culturally and socially.
- Human rights include the right of a person to be a citizen of a nation and have other nations respect that.
- Canadian human rights have changed over the years:
  - Ex. In the past, it was legal for people in authority to disempower others of basic rights, like voting, owning land, or taking away the chance of getting a good job.
  - Gradually, laws were changed to make society fairer.
- There are still groups of people who are working to have their rights respected by Canadian society.

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#### Children:

- The one group in society that can be easily disempowered is children.
- It's hard for children to speak up for themselves adults have the authority in most situations.
- Canada signed the Convention on the Rights of the Child in 1990.
- The convention says children have the right to:
  - Grow up in a welcoming home
  - Play
  - Get an education